



March 31, 2022
For Immediate Release

All Labrador Inuit communities continue to see COVID-19 activity

The Nunatsiavut Government is advising that there is continued COVID-19 activity in all Labrador Inuit communities.

While all provincial restrictions have been lifted, including capacity limits, masking, and proof of vaccination requirements, public health officials with the Nunatsiavut Government continue to urge residents in all communities to remain vigilant in helping to stop the spread of COVID-19.

The virus that causes COVID-19 will likely continue to present itself in all communities, and activity may or may not be documented or reported.

Individuals with symptoms, with no known exposure to the virus, should contact 811 or complete the online assessment tool at COVID Assessment and Referral ([HOME - NLCHI](#)) to determine if testing is required.

Symptoms of COVID-19 include having ONE of the following:

- Fever (including chills/sweats)
- Cough (new or worsening)
- Shortness of breath or difficulty breathing
- Runny, stuffy or congested nose (not related to seasonal allergies or other known causes/conditions)
- Sore throat or difficulty swallowing
- Headache
- Acute loss of sense of smell or taste
- Unusual fatigue, lack of energy
- New onset of muscle aches
- Loss of appetite
- Vomiting or diarrhea for more than 24 hours