



April 21, 2022
For Immediate Release

COVID-19 updates no longer being provided

The Nunatsiavut Government is advising that it will no longer be providing regular updates on COVID-19 activity in the five Labrador Inuit communities.

With rapid tests readily available, and with changes to provincial guidelines around testing and reporting, there is no way of accurately knowing the extent of COVID-19 activity in any particular community. In other words, there may be cases in some communities not reported to Public Health.

While all provincial restrictions have been lifted, including capacity limits, masking, and proof of vaccination requirements, Public Health officials with the Nunatsiavut Government continue to urge residents in all communities to remain vigilant in helping to stop the spread of COVID-19.

Individuals with symptoms, with no known exposure to the virus, should contact 811 or complete the online assessment tool at COVID Assessment and Referral (HOME - NLCHI) to determine if testing is required.

Symptoms of COVID-19 include having ONE of the following:

- Fever (including chills/sweats)
- Cough (new or worsening)
- Shortness of breath or difficulty breathing
- Runny, stuffy or congested nose (not related to seasonal allergies or other known causes/conditions)
- Sore throat or difficulty swallowing
- Headache
- Acute loss of sense of smell or taste
- Unusual fatigue, lack of energy
- New onset of muscle aches Loss of appetite
- Vomiting or diarrhea for more than 24 hours

