

**Please ensure you have a valid ID prior to travelling.**

Please inform us of any change to your travel plans or medical appointments.

For North Coast Beneficiaries, once landed in Goose Bay, you must check in to the Client Liaison office at the Labrador Health Centre right away.

**NIHB Medical Travel Information**

218 Kelland Drive Goose Bay  
Monday to Friday (830am-430pm)

1-709-896-5308

1-709-896-3557

1-709-896-8587

Toll free: 1-866-606-9750

Extension: 230, 226, 247

Fax: 1-709-896-9761

Email: nihb@nunatsiavut.com

**Ground Transportation Goose Bay**

1-709-896-1995

**Client Liaison**

Labrador Health Centre Goose Bay

1-709-896-8827

After hours Monday–Friday (4pm–8pm)

Holidays and weekends (8am–8pm)

1-709-896-1801

**Regional Transport(RT) Goose Bay**

1-709-897-2119

**Ground Transportation Gander**

Busy Bee Taxi

1-709-256-1444

**NIHB  
Travel  
Information  
GANDER**

**You are booked to stay at:**

**Confirmation #**



**NUNATSIAVUT**  
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Health and Social Development

## Transportation

### Air Travel

If you fail to inform NIHB of any change to your air travel or miss your flight without a valid reason, your ticket will be forfeited/lost with the airline and you will be invoiced for the costs to NIHB.

## Accommodations

### Private

Per adult:  
\$50/night without meals  
\$100/night with meals

Per child (1-4 years of age):  
\$25/night without meals  
\$50/night with meals

### Hotel

NIHB will book hotel accommodations if requested. Not including Air B&B's.

If you pay for your own hotel accommodations, NIHB will reimburse at the approved NIHB rate of \$175 (taxes in) per night.

**If there are any damages to accommodations you will be responsible for the cost.**

### Changes to Accommodations

If there are any changes to your accommodations, please notify NIHB immediately. If you are a 'no show' at a hotel because of a change to your accommodations or trip, you will be invoiced for the costs to NIHB.

If you are required to stay longer due to additional appointment/s, please contact NIHB and the appropriate arrangements will be made.

NIHB staff will determine if it is more cost effective to extend your stay or arrange return travel and book an additional trip for your next appointment.

## Meal Allowances

### Adult daily

Breakfast \$15.00  
Lunch \$15.00  
Supper \$30.00

### Children (1-4 years of age) daily

Breakfast \$7.50  
Lunch \$7.50  
Supper \$15.00

You are responsible for any overages.

You are responsible for any incidentals; for example tips, phone-calls, etc. NIHB will not fund these types of expenses.

**ABSOUTLEY no alcohol is permitted to be charged to NIHB's account.**