

## NIHB Medical Travel Information

218 Kelland Drive Goose Bay  
Monday to Friday (830am-430pm)

1-709-896-5308

1-709-896-3557

1-709-896-8587

Toll free: 1-866-606-9750

Extension: 230, 226, 247

Fax: 1-709-896-9761

Email: nihb@nunatsiavut.com

### Client Liaison

Labrador Health Centre Goose Bay  
1-709-896-8827

**After hours Monday–Friday (4pm-8pm)**

**Holidays and weekends (8am-8pm)**

1-709-896-1801

### Ground Transportation Goose Bay

1-709-896-1995

### Regional Transport(RT) Goose Bay

1-709-897-2119

**Please ensure that you have valid ID prior to travelling, and that the name on your airline ticket matches the name on your ID.**

Please inform us of any change to your travel plans or medical appointments.

For North Coast Beneficiaries, once landed in Goose Bay, you must check in to the Client Liaison office at the Labrador Health Centre right away.

**NIHB**  
**Travel**  
**Information**  
**HALIFAX**

**You are booked to stay at:**

**Confirmation #**



**NUNATSIAVUT**  
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Health and Social Development

## Transportation

### In Halifax

When you arrive in Halifax, after you pick up your luggage, please proceed to the 'Ground Transportation' wicket located at the right corner as you face the exit doors where you can get a taxi, bus or shuttle to the hotel.

Because you are traveling outside of our normal range such as St. John's, Corner Brook, Gander and St. Anthony where we have accounts set up, you will have to incur some costs.

You are responsible for the cost of ground transportation to and from the airport and to and from your medical appointment/s.

Please keep your original receipts and once you return you can fill out an expense claim to be reimbursed.

*Note: We require original receipts*

### Air Travel

If you fail to inform NIHB of any change to your air travel or miss your flight without a valid reason, your ticket will be forfeited/lost with the airline and you will be invoiced for the costs to NIHB.

## Accommodations

### Private

Per adult:  
\$50/night without meals  
\$100/night with meals

Per child (1-4 years of age):  
\$25/night without meals  
\$50/night with meals

### Hotel

NIHB will book hotel accommodations if requested. Not including Air B&B's.

If you pay for your own hotel accommodations, NIHB will reimburse at the approved NIHB rate of \$175 (taxes in) per night.

**If there are any damages to accommodations you will be responsible for the cost.**

### Changes to Accommodations

If there are any changes to your accommodations, please notify NIHB immediately. If you are a 'no show' at a hotel because of a change to your accommodations or trip, you will be invoiced for the costs to NIHB.

If you are required to stay longer due to additional appointment/s, please contact NIHB and the appropriate arrangements will be made.

NIHB staff will determine if it is more cost effective to extend your stay or arrange return travel and book an additional trip for your next appointment.

## Meal Allowances

### Regular Rate (ages 4 to adult)

Breakfast .....\$17.50  
Lunch .....\$17.50  
Supper .....\$35.00

*\*A maximum daily total of \$70.00 per day*

### Infant/Toddler Rate (ages 0-3, inclusive)

Breakfast .....\$8.75  
Lunch .....\$8.75  
Supper .....\$17.50

*\*A maximum daily total of \$35.00 per day*

You are responsible for any overages.

You are responsible for any incidentals; for example tips, phone-calls, etc. NIHB will not fund these types of expenses.

**ABSOUTLEY no alcohol is permitted to be charged to NIHB's account.**