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For Immediate Release

Nunatsiavut Government releases first public report from the *Qanuippitaa? National Inuit Health Survey*

The Nunatsiavut Government is pleased to announce the release of the *Qanuippitaa? National Inuit Health Survey (QNIHS) 2022-2023 Food Report* – the first public report produced from the inaugural Inuit-owned and Inuit-led national health survey. The QNIHS is being carried out across all regions of Inuit Nunangat in partnership with regional Inuit governments and Inuit Tapiriit Kanatami (ITK). It is a permanent, Inuit-determined survey designed to gather data that reflects Inuit priorities, values, and lived experiences.

The Food Report presents the first set of findings from Nunatsiavut’s participation in the 2022–23 survey cycle, following the successful completion of data collection in all five Labrador Inuit communities.

About the Food Report

The report provides an important snapshot of food-related experiences among Nunatsiavut Inuit during 2022-23. It highlights:

- Food security and the factors that influence it;
- Wild/country food consumption;
- Cultural food practices; and
- Dietary information.

Together, these findings create a detailed baseline that will support ongoing monitoring of food security and food-related health trends as future survey cycles are completed.

“The findings in this report provide a clear and timely picture of how Nunatsiavummiut are accessing and sharing food – from the central and important role of wild food, harvesting practises and traditions, to the very real and ongoing challenges many Inuit families and households face in becoming food secure,” says Nunatsiavut’s Minister of Health and Social Development, Roxanne Barbour. “This report offers invaluable knowledge as the Nunatsiavut Government continues efforts to strengthen existing supports and develop new programs that directly respond to the needs identified by our people and communities”

“These results will also guide the development of our upcoming food security strategy, ensuring it is grounded in Inuit realities, values, and strengths,” adds Minister Barbour. “I want to say thank you to all those who participated in this survey; your voices are helping to shape a healthier, more food-secure future for all Labrador Inuit.”

How This Report Will Be Used

The Food Report will serve as an essential resource for:

- Informing program planning and policy development related to food security and other supports;
- Guiding the forthcoming Nunatsiavut Food Security Strategy;
- Strengthening culturally grounded, Inuit-led approaches to health and well-being; and
- Providing a strong evidence base for advocacy and community-driven decision-making

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