

## NIHB Medical Travel Information

218 Kelland Drive Goose Bay  
Monday to Friday (830am-430pm)

1-709-896-5308

1-709-896-3557

1-709-896-8587

Toll free: 1-866-606-9750

Extension: 230, 226, 247

Fax: 1-709-896-9761

Email: nihb@nunatsiavut.com

### Client Liaison

Labrador Health Centre Goose Bay  
1-709-896-8827

**After hours Monday–Friday (4pm–8pm)**

**Holidays and weekends (8am–8pm)**

1-709-896-1801

### Ground Transportation Goose Bay

1-709-896-1995

### Regional Transport(RT) Goose Bay

1-709-897-2119

### Ground Transportation GFW

**ASAP Cabs**

709-489-7777

Reservations: asapcabs@hotmail.com

**Please ensure you have Valid ID** prior to traveling (not expired) and the name on your tickets matches the name on you ID.

**Please inform NIHB staff of any changes to your travel plan or medical appointments** (all of the numbers are noted on the brochure). If it's after 4:30pm please call the Client Liaison Worker or the On Call number.

**If your flight is cancelled and it's after hours you are responsible to cancel your hotel reservations.** The name of the hotel and your reservation number is noted on the brochure.

**For North Coast Beneficiaries,** once landed in Goose Bay, you must check in to the Client Liaison office at the Labrador Health Centre right away.

**NIHB**  
**Travel**  
**Information**  
**GRAND FALLS**  
**WINDSOR**

**You are booked to stay at:**

**Confirmation #**



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Health and Social Development

## Transportation

Upon arrival in Gander, you will take a **Checker Cab** to Grand Falls Windsor. Checker Cabs provides transportation from Gander Airport directly to GFW.

**Phone:** 709-651-0123 or 709-651-0122

### Air Travel

If you fail to inform NIHB of any change to your air travel or miss your flight without a valid reason, your ticket will be forfeited/lost with the airline and you will be invoiced for the costs to NIHB.

## Accommodations

### Private

Per adult:

\$50/night without meals

\$100/night with meals

Per child (1-4 years of age):

\$25/night without meals

\$50/night with meals

### Hotel

#### Union Street Efficiency Units

45-47A Union Street

**Phone:** 709-489-9447

NIHB will book hotel accommodations if requested. Not including Air B&B's.

If you pay for your own hotel accommodations, NIHB will reimburse at the approved NIHB rate of \$175 (taxes in) per night.

**\*If there are any damages to accommodations you will be responsible for the cost.**

### Changes to Accommodations

If there are any changes to your accommodations, please notify NIHB immediately. If you are a 'no show' at a hotel because of a change to your accommodations or trip, you will be invoiced for the costs to NIHB.

If you are required to stay longer due to additional appointment/s, please contact NIHB and the appropriate arrangements will be made.

## Additional Info

### Meal Allowance

#### Regular Rate (ages 4 to adult)

Breakfast .....\$19.00

Lunch .....\$19.00

Supper .....\$38.00

*\*A maximum daily total of \$76.00 per day and you are responsible for any overages.*

#### Infant/Toddler Rate (ages 0-3, inclusive)

Breakfast .....\$9.50

Lunch .....\$9.50

Supper .....\$19.00

*\*A maximum daily total of \$38.00 per day and you are responsible for any overages.*

### Note

You are responsible for any incidentals; for example tips, phone-calls, etc. NIHB will not fund these types of expenses.

NIHB staff will determine if it is more cost effective to extend your stay or arrange return travel and book an additional trip for your next appointment.

**ABSOLUTELY no alcohol is permitted to be charged to NIHB's account.**