

## NIHB Medical Travel Information

218 Kelland Drive Goose Bay  
Monday to Friday (830am-430pm)

1-709-896-5308

1-709-896-3557

1-709-896-8587

Toll free: 1-866-606-9750

Extension: 230, 226, 247

Fax: 1-709-896-9761

Email: nihb@nunatsiavut.com

Please ensure you have **Valid ID** prior to traveling (not expired) and the name on your tickets matches the name on you ID.

Please inform NIHB staff of any changes to your travel plan or medical appointments (all of the numbers are noted on the brochure). If it's after 4:30pm please call the Client Liaison Worker or the On Call number.

If your flight is cancelled and it's after hours you are responsible to cancel your hotel reservations. The name of the hotel and your reservation number is noted on the brochure.

For North Coast Beneficiaries, once landed in Goose Bay, you must check in to the Client Liaison office at the Labrador Health Centre right away.

### Client Liaison

Labrador Health Centre Goose Bay  
1-709-896-8827

After hours Monday–Friday (4pm–8pm)  
Holidays and weekends (8am–8pm)

1-709-896-1801

### Ground Transportation Goose Bay

1-709-896-1995

### Regional Transport(RT) Goose Bay

1-709-897-2119

### Ground Transportation St. Anthony

Sabri Transit: 1-709-454-3484

# NIHB Travel Information ST. ANTHONY

You are booked to stay at:

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Confirmation #

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Health and Social Development

## Transportation

### **In St. Anthony**

When you arrive in St. Anthony you will be met by the Airport Bus Services Driver and transported to your accommodations.

### **Air Travel**

If you fail to inform NIHB of any change to your air travel or miss your flight without a valid reason, your ticket will be forfeited/lost with the airline and you will be invoiced for the costs to NIHB.

## Accommodations

### **Private**

Per adult:  
\$50/night without meals  
\$100/night with meals

Per child (1-4 years of age):

\$25/night without meals  
\$50/night with meals

### **Hotel**

NIHB will book hotel accommodations if requested. Not including Air B&B's.

If you pay for your own hotel accommodations, NIHB will reimburse at the approved NIHB rate of \$175 (taxes in) per night.

**If there are any damages to accommodations you will be responsible for the cost.**

### **Changes to Accommodations**

If there are any changes to your accommodations, please notify NIHB immediately. If you are a 'no show' at a hotel because of a change to your accommodations or trip, you will be invoiced for the costs to NIHB.

If you are required to stay longer due to additional appointment/s, please contact NIHB and the appropriate arrangements will be made.

NIHB staff will determine if it is more cost effective to extend your stay or arrange return travel and book an additional trip for your next appointment.

## Meal Allowances

### **Regular Rate** (ages 4 to adult)

Breakfast .....\$19.00  
Lunch .....\$19.00  
Supper .....\$38.00

*\*A maximum daily total of \$76.00 per day*

### **Infant/Toddler Rate** (ages 0-3, inclusive)

Breakfast .....\$9.50  
Lunch .....\$9.50  
Supper .....\$19.00

*\*A maximum daily total of \$38.00 per day*

**You are responsible for any overages.**

You are responsible for any incidentals; for example tips, phone-calls, etc. NIHB will not fund these types of expenses.

**ABSOLUTELY no alcohol is permitted to be charged to NIHB's account.**